



Guide to celebrating the Lord's Supper at home.

Matthew 26:26-29, Mark 14:22-25, Luke 22:14-20, Acts 2:42-46, 1 Corinthians 10:16-21, and 1 Corinthians 11:17-34

Celebrating The Lord's Supper

This guide has been created to assist you in celebrating the Lord's Supper in your home with your family, Life Group, or even by yourself. The Lord's Supper is a remembrance and a celebration of Jesus' death by which He atoned for all our sins. Those who have accepted Jesus Christ as the leader and forgiver of their lives can participate. We usually participate in the Lord's Supper with the gathered church. Today we will celebrate in our homes to focus on the importance of this event.

Share

On the night before he died, Jesus shared a final meal with his disciples. During the meal, Jesus gave to his disciples, for all time, this special way of remembering him: as bread is broken and shared and as juice is poured out. We celebrate The Lord's Supper because Jesus commands us: 'Do this in remembrance of me.'

The bread is broken in pieces and is a sign of Jesus' body that is broken on the cross. The juice is poured and is a sign of Jesus' blood that is shed on the cross. Both bread and juice point to the reality of a greater and deeper salvation: Jesus set us free by dying on the cross in our place. When we celebrate the Lord's Supper, then we remember Jesus' death. However, we also remember his resurrection from the dead. In fact, as our risen Savior, Jesus is the host who invites us to his table. He is the One who serves bread (sign of his body) and juice (sign of his blood).

Invite

Invite your group to share what celebrating the Lord's Supper means for them.

Distribute

Distribute the Lord's Supper elements. Ask everyone to open and hold the bread.

Read

1 Corinthians 11:23-26: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in

remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

Pray

God we thank You that this bread represents the body of Jesus Christ, the Bread of Life. We thank You that Christ lives in us through the indwelling of the Holy Spirit, setting us into a family of believers, the body of Christ - Your church. And now we receive this bread as the body of Jesus, broken for us. Amen

Share

"Jesus said, 'Do this in remembrance of me.' Let us eat together." Then eat the bread as a group.

Drinking The Juice

Pray

God we give thanks for this juice, and we ask You to bless it as the symbol of Christ's blood, shed for the remission of our sins. Thank You for the sacrifice of Jesus, Your only Son to die for us, washing us clean and bringing us peace with You.

Share

"The cup of the new covenant is Jesus Christ's blood shed for you. Jesus said, 'Do this in remembrance of me.' Let us drink together." Then drink the juice in a group.

Looking Forward

We will celebrate the Lord's Supper until Jesus returns. At the end of history, Jesus will return and then there will again be a meal, this time celebrating "The marriage of the Lamb." ((Revelation 19:6-9) We celebrate the Lord's Supper together with other believers.

Blessing

May the blood of Christ purify your conscience from sinful deeds so that you can worship the living God. For by the power of the Holy Spirit, Christ offered himself to God as a perfect sacrifice for your sins. (Heb. 9:14) And may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until that day when our Lord Jesus Christ comes again. God, who calls you, is faithful; He will do this. (1 Thess. 5:23-24)

Close in Prayer.